7. The topical lotion according to claim 1 wherein the topical lotion consists essentially of:

0.1% lavender oil;

25% vegetable glycerine; and

q.s. to 100% filtered oatstraw extract in filtered and magnetized water.

8. A method of treating pain, swelling, itching or inflammation comprising:

providing a topical lotion the lotion consisting essentially of:
at least 50% oatstraw extract, said oatstraw extract prepared by
steeping oatstraw in heated water;

at least 25% glycerine; and
0.1-0.2% lavender oil,
the sum of these three components being 100%; and

applying the lotion topically to inflamed, painful or swollen areas.

- 9. The method according to claim 8 wherein the pain, swelling, itching or inflammation is caused by a condition selected from one of the following: psoriasis; skin poisoning from plants, shingles; measles; chicken pox; boils; sun damage; burns; sunburns; acne; eczema; rosacea; dermatitis; insect bites; herniated discs; back and/or leg spasms; sore or damaged muscles, ligaments and tendons; bruising; headaches; and arthritis.
  - 17. An additive comprising:

a mixture consisting essentially of:

at least 50% oatstraw extract, said oatstraw extract prepared by steeping oatstraw in heated water;

at least 25% glycerine; and

0.1-0.2% lavender oil.

the sum of these three components being 100%; and a suitable carrier.

18. A hair or body product comprising: a mixture consisting essentially of:

at least 50% oatstraw extract, said oatstraw extract prepared by steeping oatstraw in heated water;

at least 25% glycerine; and

0.1-0.2% lavender oil,

the sum of these three components being 100%; and a suitable carrier.

19. The body or hair product according to claim 18 selected from the group consisting of: body washes; shaving creams; shaving gels; shaving lotions; shampoos; conditioners; body lotions; moisturizing lotions; facial and wrinkle lotions; hand lotions; body creams; hand creams; facial creams; after-shave lotions; skin cleansing preparations; make-up removers; personal deodorants; suntan oil preparations; sunscreen preparations; sun block preparations; lip balms; aromatherapy products; massage gels; foot lotions; facial masques; pimple/acne preparations; facial and body firmers; pore size reducing preparations; styling lotions; and styling sprays.

20. (amended) A process for preparing an oatstraw extract [topical lotion] comprising:

providing a quantity of oatstraw;

providing heated water;

placing the oatstraw in the heated water;

steeping the oatstraw in the heated water, thereby producing an oatstraw mixture; and

filtering the oatstraw mixture, thereby producing an oatstraw extract[;

and

mixing the oatstraw extract with glycerine and lavender oil, thereby producing a topical lotion].

- 21. The process according to claim 20 wherein the heated water is filtered and magnetized water.
- 22. The process according to claim 21 wherein the topical lotion consists essentially of:



at least 50% oatstraw extract; at least 25% glycerine; and 0.1-0.2% lavender oil, the sum of these three components being 100%.

24. The method according to claim 8 wherein the pain, swelling, itching or inflammation is caused by a condition selected from one of the following: leprosy; cold sores; colds and flu; sinus congestion; menstrual bloating; menstrual cramps; foot pain; parasitic infections; varicose veins; fibromyalgia; multiple sclerosis; cancer treatments; internal organ injuries; and brain and nerve surgery.

25. (amended) A topical lotion for relieving pain, swelling or inflammation comprising:

the active ingredient consisting of oatstraw extract, said oatstraw extract prepared by steeping oatstraw in [magnetized] water <u>and filtering the steeped</u> oatstraw,

wherein the lotion is applied topically to the skin of an individual in need thereof.

26. (amended) An additive comprising:

the active ingredient consisting of oatstraw extract, said oatstraw extract prepared by steeping oatstraw in [magnetized] water and filtering the steeped oatstraw.

## wherein the additive is added to another product.

## Add new claims 27-30.

- -- 27. The process according to claim 20 wherein filtering the oatstraw mixture removes the oatstraw.
- 28. The topical lotion according to claim 25 wherein the water is magnetized water.
- 29. The additive according to claim 26 wherein the water is magnetized water.
  - 30. The additive according to claim 26 wherein the product is a

